

# Community Champion

## The role at a glance...

### Q What is a Community Champion?

A Community Champion helps connect carers with Carers Wales and promote awareness of caring by distributing publicity material – such as leaflets and posters within local communities.

### Q What will you get out of it?

It's a great opportunity to meet new people, spread the word and have the satisfaction of making a real difference to carers' lives in the area where you live. You'll be part of our flagship volunteering programme and we'll be supporting you all the way.

### Q What's involved?

- You'll connect with libraries, pharmacies, GPs, sports clubs and shops asking them to display posters and leaflets.
- You may host information stands at supermarkets, hospitals, community hubs, faith meetings - anywhere you feel will reach unpaid carers to discuss caring and tell them what Carers Wales has to offer.
- We'd also want you to keep us informed about what you've been up to, feedback to us and let us know where you've been distributing materials.
- You'll identify places in the community supporting people with long term conditions and supply them with our materials.
- We'll give you more tips on how to get started in your volunteering pack.
- The choice on how you get involved is up to you!



## The skills you'll bring...



- a friendly personality
- great communication skills
- the ability to get on well with people from all backgrounds
- a passion for improving support for carers
- good organisational skills and access to a computer
- the confidence to use your own initiative.

Interested? Find out how we will support you and how to apply...

### Q How will we support you?

We'll give you all the tools you need to get started. Your volunteering pack will include a volunteer handbook plus tips and guidelines on getting out there for the first time. We'll also deliver the publicity materials directly to you, as well as cover your agreed travel expenses.

### Your time...

This role is very flexible.

Our only requirement is that you offer a **minimum of 2 hours per month**



### Q How do you apply?

- You can sign up for this role [carerswales.org/volunteer](https://carerswales.org/volunteer)
- We will be in touch within seven working days to discuss your application.
- All volunteers must be over 18 years old.
- Carers Wales offers equal opportunities to everyone who wants to volunteer.

### Where you'll be volunteering...

Out and about in your local community.



If you have any further questions, please email us at [volunteer@carerswales.org](mailto:volunteer@carerswales.org) or call 029 2081 1370

“ I became a volunteer to give something back because Carers Wales was there for me when I was at my lowest. ”

Jayne, Carers Wales volunteer



### Our Facebook group

When you volunteer with us you can become a member of our Facebook Volunteer Group, where you can share your tips and experiences with your fellow volunteers and get the latest volunteer updates from us.

### Follow us on social media



@carerswales



/carerswales



Carers Wales

### About Carers Wales (part of Carers UK)

**Our mission is to make life better for carers.**

- We give expert advice, information and support.
- We connect carers so no one has to care alone.
- We campaign together for lasting change.
- We innovate to find new ways to reach and support carers.